



## Anxiety Module

This module will provide delegates with an understanding of what we mean by anxiety, how it appears in autistic pupils, what the key triggers are and what delegates can do to support autistic pupils and prevent and reduce anxiety.

**3**  
Hours

### Who is this training for?

This session is suitable for practitioners working with autistic children in mainstream or specialist schools. This may include:

- Teachers
- Teaching assistants
- SENCOs
- Any practitioner needing to map the progress pupils

### What will you learn?

The training will support delegates to understand:

- How autistic pupils might express anxiety
- What can cause anxiety in autistic pupils
- What you can do to prevent and reduce anxiety in autistic pupils



Developed by  
leading autism  
specialists



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Optional  
certification

**Hub name** Fosse Way School

**Date** 16.02.22

**Time** 9.30am to 12.30pm

**Details** Online via Zoom



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Free to  
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### Book your training now:

Email us at [aet@fossewayschool.com](mailto:aet@fossewayschool.com)

Call us on 01761 412198 option 2

